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## MODERNISM AND QUALITY IN VOLLEYBALL GAME THE II-LINE ATTACK

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### **Abstract**

*Starting from the current analysis on performances in worldwide volleyball and from our internal realities, I considered appropriate to conceptual approach the Romanian volleyball performance optimization strategy, by comparing the results of II-line attack registration, between two romanian teams and one from the italian championship and also their report on the final result of the official volleyball game effectiveness. All this investigation, aims the continuous progress of the volleyball game, and implicitly the internal performance strategies allignment to the trends and guidelines of the modern game, which is always based on surprising the opponent.*

**Key words:** volleyball, II-line attack, efficiency.

### **INTRODUCTION**

Worldwide voleyball evolution knows a special dynamic, both in terms of developing the content and the impressivness of the game, and also regarding the popularity and spreading area, natural consequence of the policy, which FIVB practice consistently in this direction. (Cojocar A., 2007, 9).

The continuous progress of the volleyball game, can not be designed and built without a correlated, integrative approach of all the performance components, starting from the human resources (athletes, technicians), scientific resources (research, methodology, medicine), technical-tactical and organizational (specialized units, competitive systems, management) and up to intimacies of the preparation process, the content of

training and game (programming, methods and means, control, supervision, directing, evaluation, technical-tactical actions, game models etc). (Ioniță, M., 2007, pp. 41, quoted in the Cojocar, A., Cojocar, M., Țurcanu, F., Țurcanu, D., 2011, pp. 285).

In the context of the performance perspective in a volleyball game, we consider that improvement and contionous modernization are necessary, not through a simple knowledge selection, but through a restructuring of the entire performance system, in relationship with the appereance of the surprise element in the first phase of the game. This surprise element can only be, in our acknowledgment the II-line attack.

## MATERIAL AND METHODS

Starting from the current analysis on performances in worldwide volleyball and from our internal (domestic) realities (Women's National Championship, Division A<sub>1</sub>), I considered appropriate, to conceptual approach the Romanian volleyball performance optimization strategy, by comparing the results of II-line attack registration, between two Romanian teams and one from the Italian Championship and also their report on the final result of the official volleyball game effectiveness.

Hereby, we are trying to find an answer to the question: „is the II line attack an element of safeness or efficiency?

For a better presentation, I tried to use the descriptive methods in order to provide an accurate picture of the analyzed situation.

## RESULTS

1. The results of the weight of the II-line attack from the total number of attack actions and its efficiency in the Competition Season 2011-2012 (Table 1):

II-line weight attack **Table 1**

Team	II-line attack	Efficiency	Information source
CSU Medicina Tg. Mures	29%	25%	Own Data Volley program
CSM Bucuresti	31%	46%	Own Data Volley program
Rebecchi Piacenza	19%	53%	(www.goalwire.com).

2. Comparative results in relationship with the efficiency of the II-line attack at the match played in the 2011-2012 competition season (final

score 3-0) between CSU Medicina Tg. Mures – host team (Table 2) and CSM Bucuresti – guest team (Table 3):

II-line attack efficiency – CSU Medicina Tg. Mureş **Table 2**

Total attacks (%)	Total II-line attack (%)	Effective actions II-line attack (%)	Effective actions II-line attack score
73 (100%)	8 (10,96%)	5 (62,50%)	7-6 (set 1) 24-22 (set 1) 10-7 (set 2) 10-7 (set 3) 22-15 (set 3)

II-line attack efficiency – CSM Bucureşti **Table 3**

Total attack (%)	Total II-line attack (%)	Effective actions II-line attack (%)	Effective actions II-line attack score
62 (100%)	6 (9,68%)	1 (16,67%)	20-21 (set 1)

3. The II-line action attack efficiency at the match played in the 2011-2012 competition season (final score 2-3) between Foppapedretti

Bergamo – host team and Rebecchi Piacenza – guest team (Table 4):

II-line attack efficiency – Rebecchi Piacenza **Table 4**

Total attacks (%)	Total II-line attack (%)	Effective actions II-line attack (%)	Effective actions II-line attack score
105 (100%)	17 (16,19%)	6 (35,30%)	9-8 (set 1) 16-16 (set 1) 8-12 (set 2) 15-22 (set 2) 3-1 (set 4) 4-4 (set 5)

4. II-line attack statistic on the team CSU Medicina Tg. Mures in the tour phase of the National Championship, Division A, 2011-2012 (11

official games) through the use of Data Volley program (Table 5):

II-line attack efficiency - CSU Medicina Tg. Mureş **Table 5**

Total II-line attacks	II-line decisive attack	II-line decisive attack to the 15 point	II-line decisive attack to the 20 point	II-line decisive attack to the 25 point

79	26 (32,92%)	17 (65,39%)	4 (15,39%)	5 19,22%
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### DISCUSSION

Analyzing table 1 and comparing the technical-tactic level that is played in the two championships (Romanian Championship and Italian), we conclude that the II-line attack efficiency is proportional with the value of the two high above mentioned championships, doubled by the place that the teams, subject of this study, occupy in the ranking.

The content of the game and of the technical-tactic actions knows a regress tendency in what involves using the II-line attack, and most of all its efficiency during the time of the entire match, which derives from studying tables 2 and 3.

### PERSPECTIVE

Using the II-line attack in the second phase of the game emerges significantly from using the same technical element in the first phase of the volleyball game. Likewise, at the team from Targu Mures, using the II-line attack is above superior until the 15 point of every set, which shows that, this technical element can be considered in the general strategy of the team game, like a safeness element and not an efficiency one.

All this investigation, aims the continuous progress of the volleyball game, and implicitly the internal performance strategies alignment to the trends and guidelines of the modern game, which is always based on surprising the opponent. In the area of volleyball training, simultaneously with the methodological orientation of modeling the training content, is required the implementation in the II –line attack of the tactic-colective structure, as a surprise element in the strategy of approaching an official game.

The expansion of the sportive performance by permanent connection to the new, must be in accordance and resonance with the own real resources and with the tendencies which manifest in the actual volleyball performance. Our initiative represents „a high ball at the net” for the present and future volleyball coaches who want to improve the game quality on one side, through using the II-line attack safeness element and also to increase the game capacity by framing this tehcnical element in the efficient category.

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